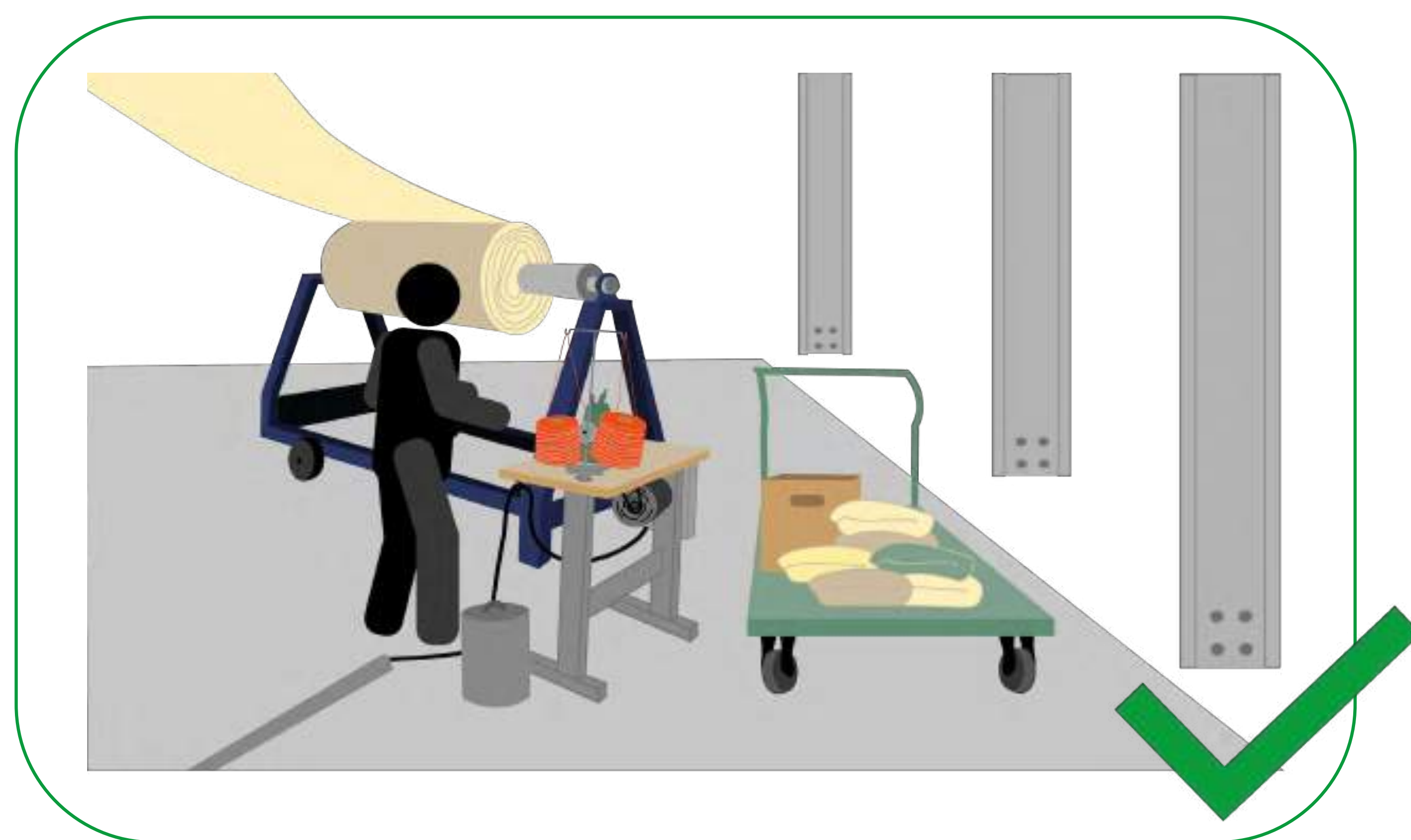


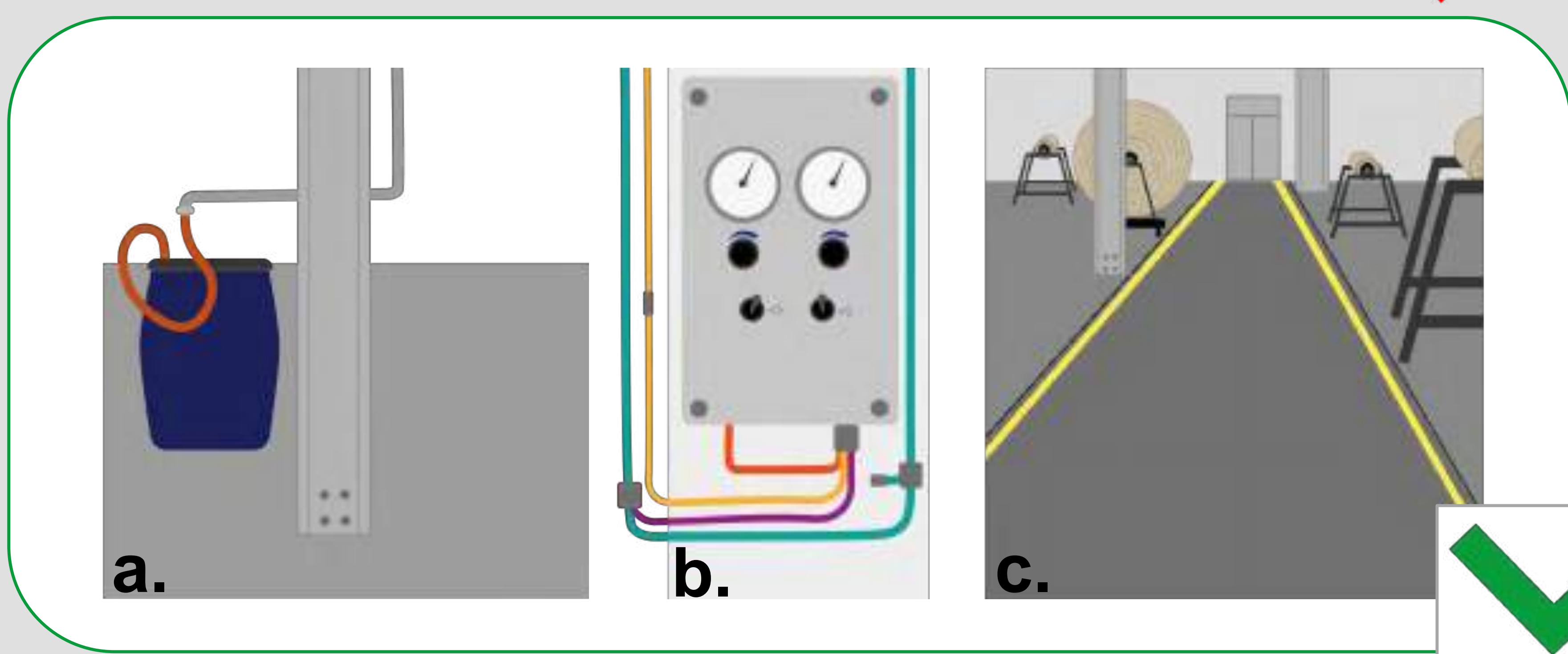
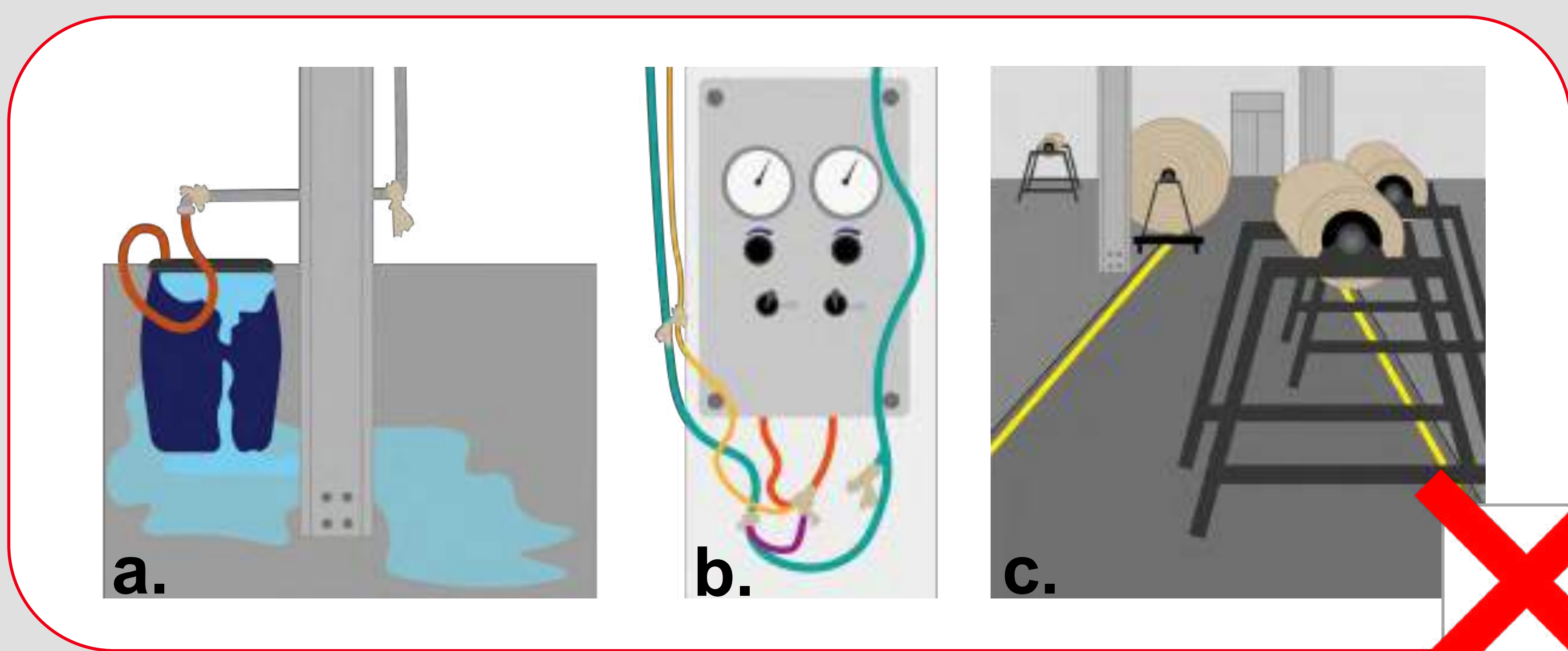
Tidy Workplace = Safe Workplace

Tidiness keeps you safe!

Where would you rather work?



Keep your workplace tidy and safe!



Checklist: How **tidy and safe** is your workplace?



- No objects in the marked walkways
- No tripping/ slipping hazards on the floor
- No litter lying around
- No fabric scraps
- No dust
- No liquids on the floor
- No patched electricity
- No cluttered workplace

Your PPE – Your Safety !



Personal Protective Equipment (PPE): Gloves

How to decide when to use and dispose Gloves?

1) Not contaminated & not damaged



Store cleanly and reuse

2) Not contaminated & damaged



Dispose in regular factory trash

3) Contaminated & not Damaged



Wash, air dry & store cleanly and reuse after

4) Contaminated & damaged



Dispose in provided bin for hazardous materials

How to take off gloves correctly?



STEP 1

First pull fingers of one hand out of the glove until the palm is reached



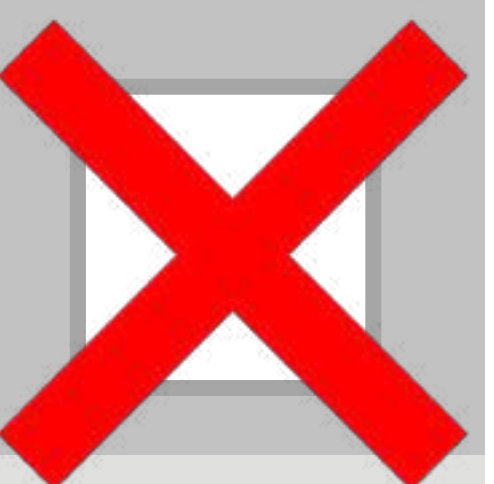
STEP 2

Use this hand to help remove the other glove

! Avoid touching outer surface of gloves with unprotected hand !



Checklist: Are the gloves damaged?



- Thin spots, pulls, tears
- Holes
- Peeling
- Excessive saturation
- Excessive degradation (colour & texture change)

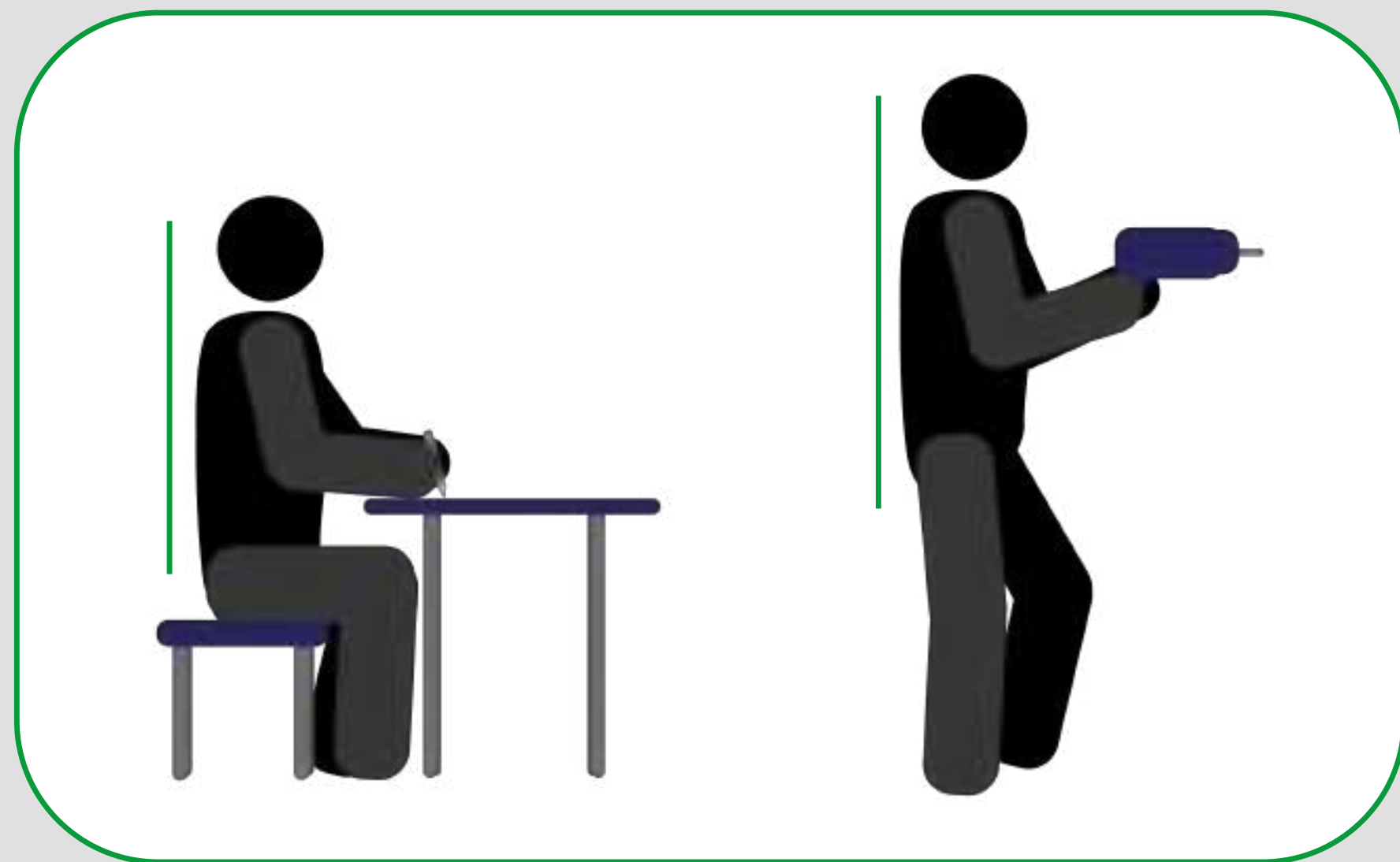
! Don't fix or patch them !

Good Workplace Design

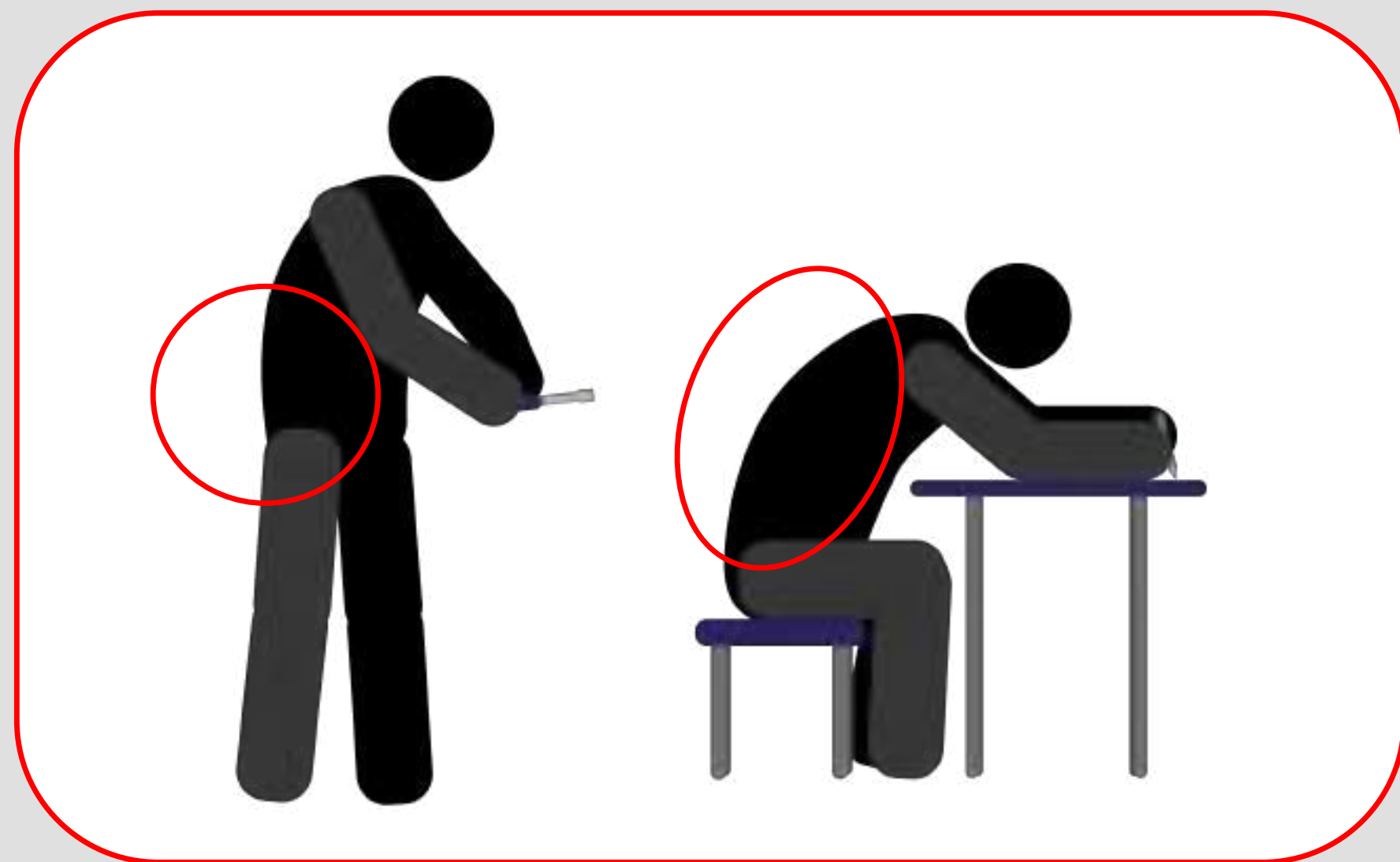
– Good Health



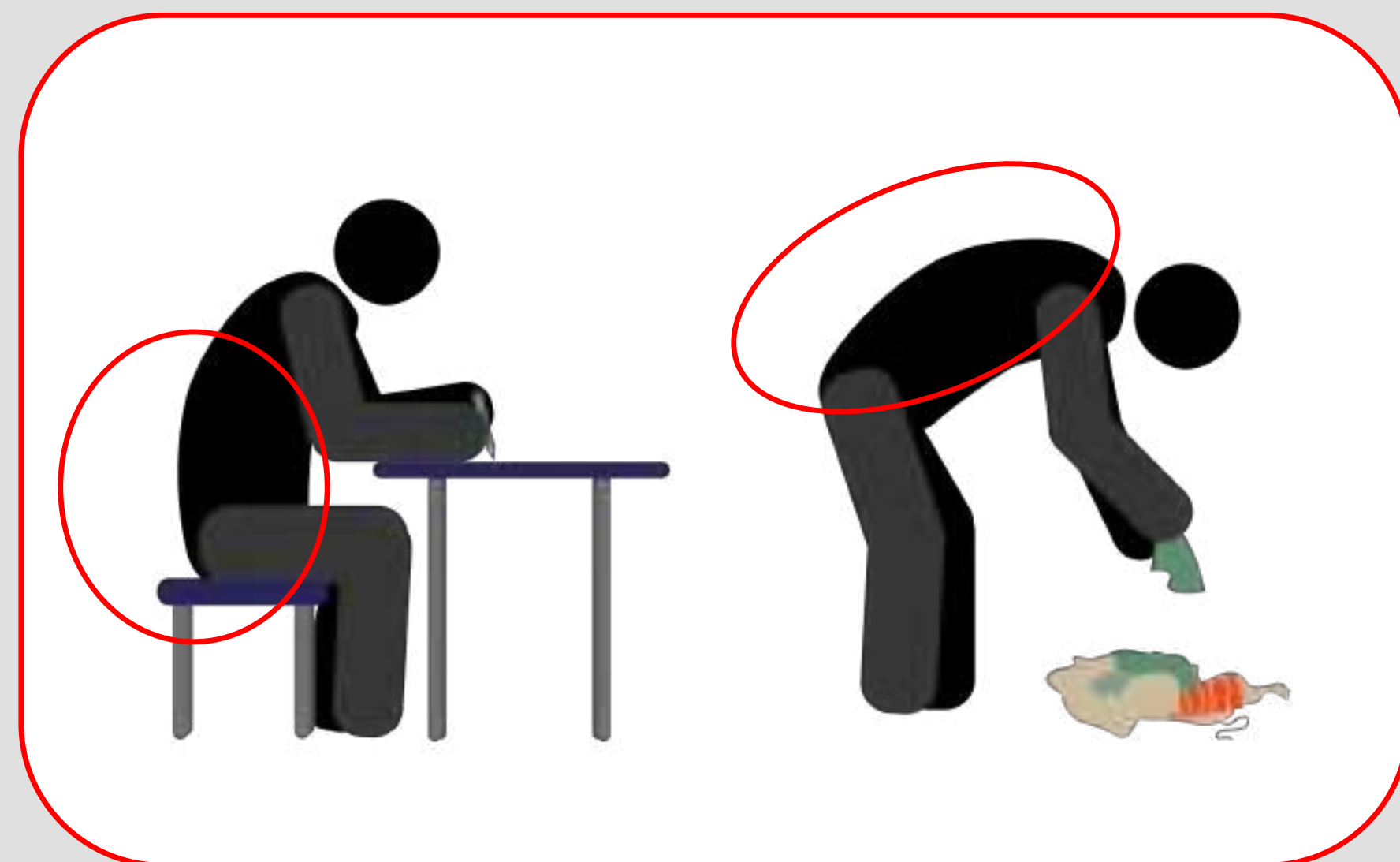
Avoid Back Pain



- Keep your back straight
- Alteration of sitting & standing



- Do not incline forward or twist trunk
- Freedom of movement



- Avoid Bending forward
- No fixed body posture
- No gripping above shoulder height

Lifting heavy objects



Back Straight, squat down & keep load close to your body



Ask for help



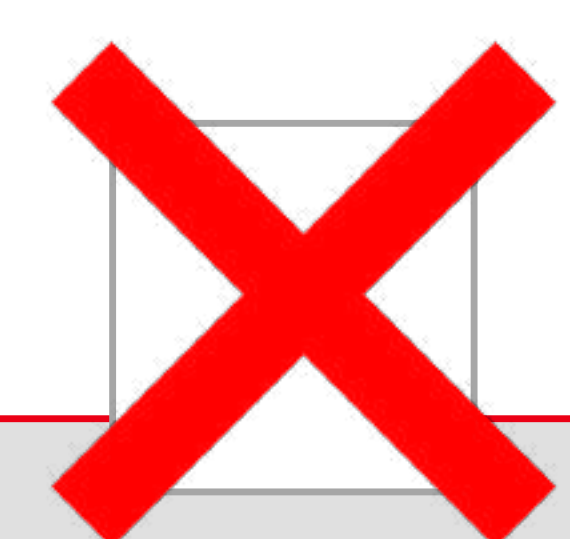
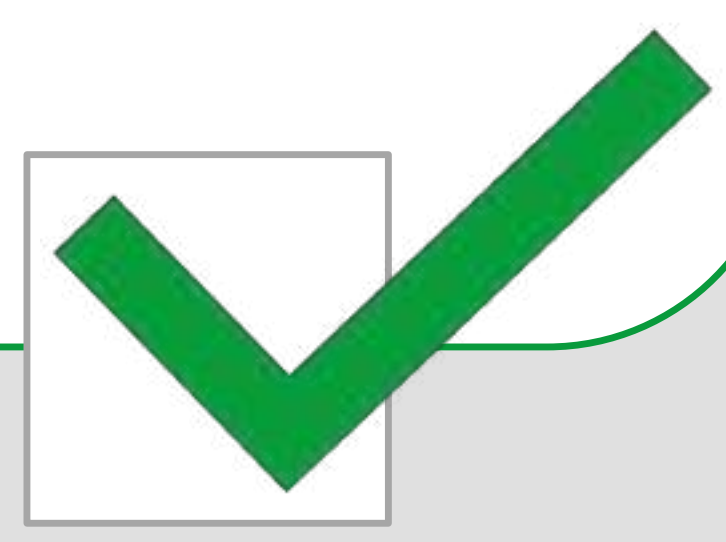
Use tools like hand truck



Rise to Safety:

Safe Handling of Stairs, Ladders and Heights

Ladders: **Dos** and **Don'ts**



Keep Stairs and Heights tidy and safe!



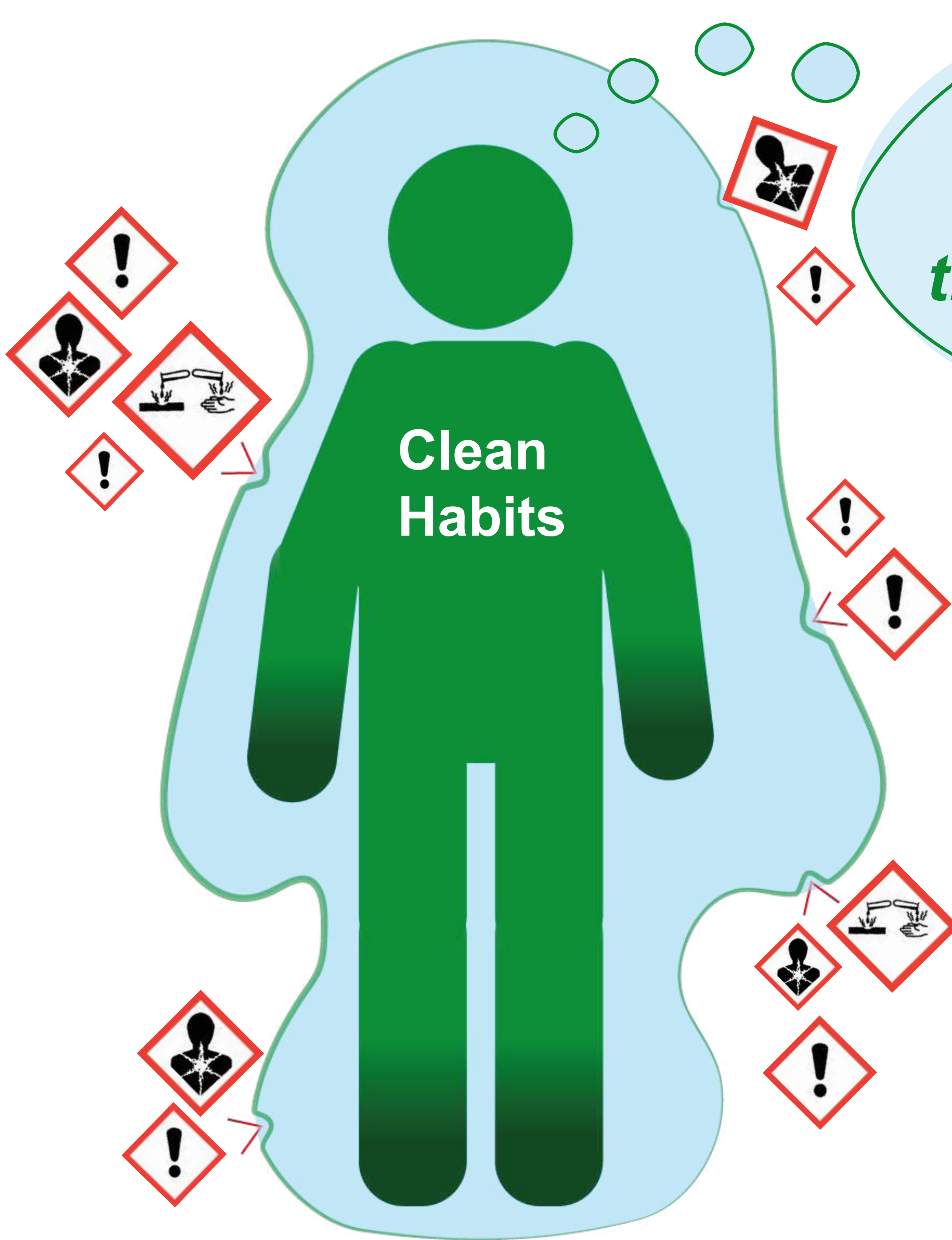
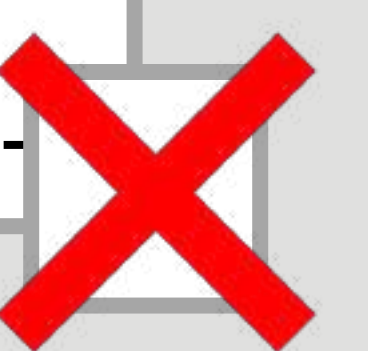
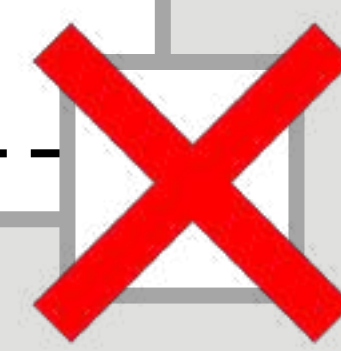
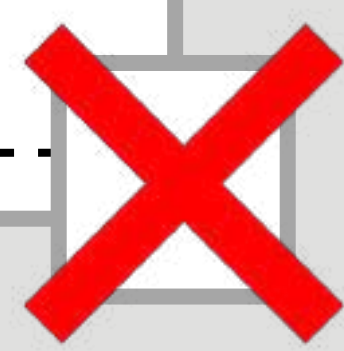
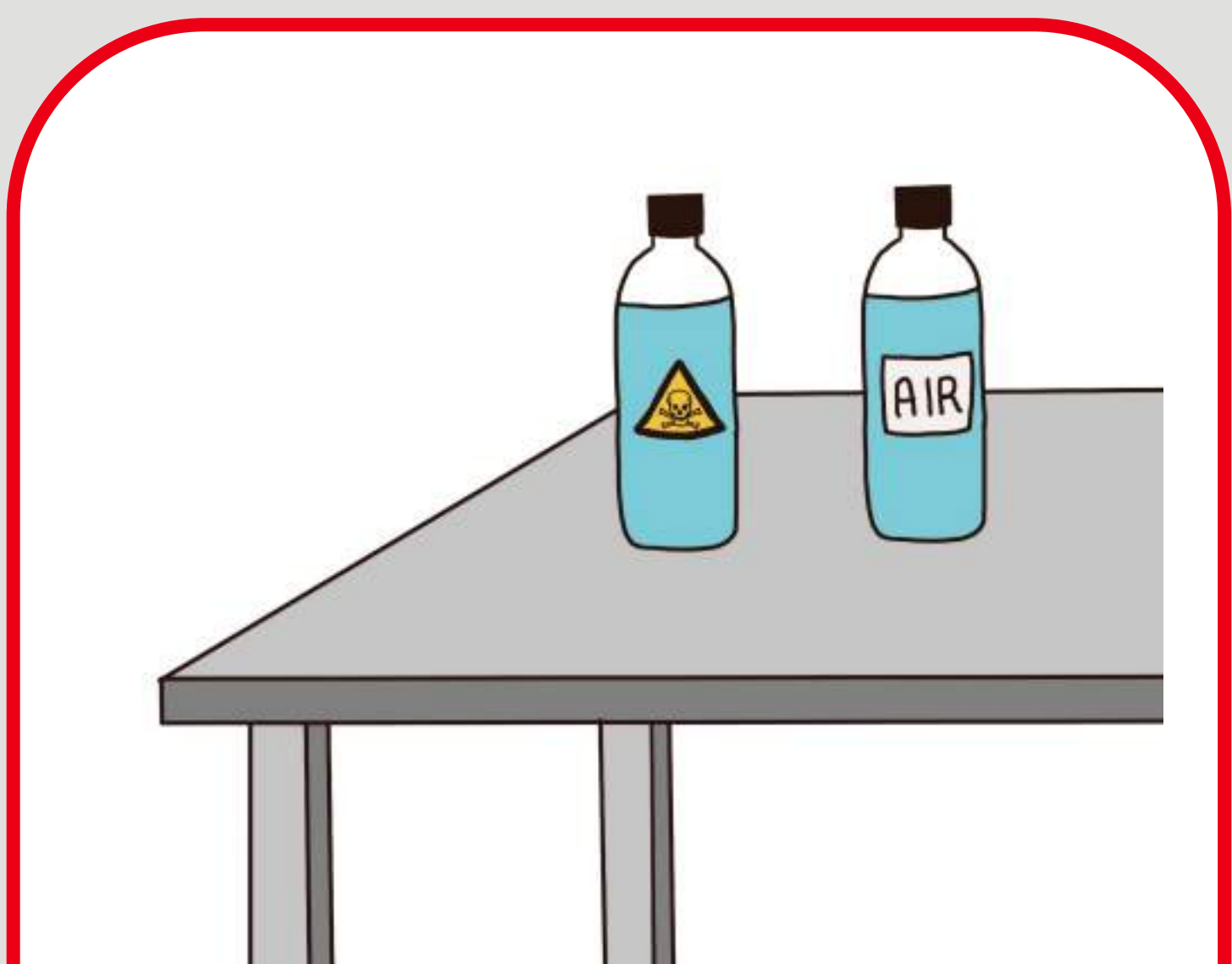
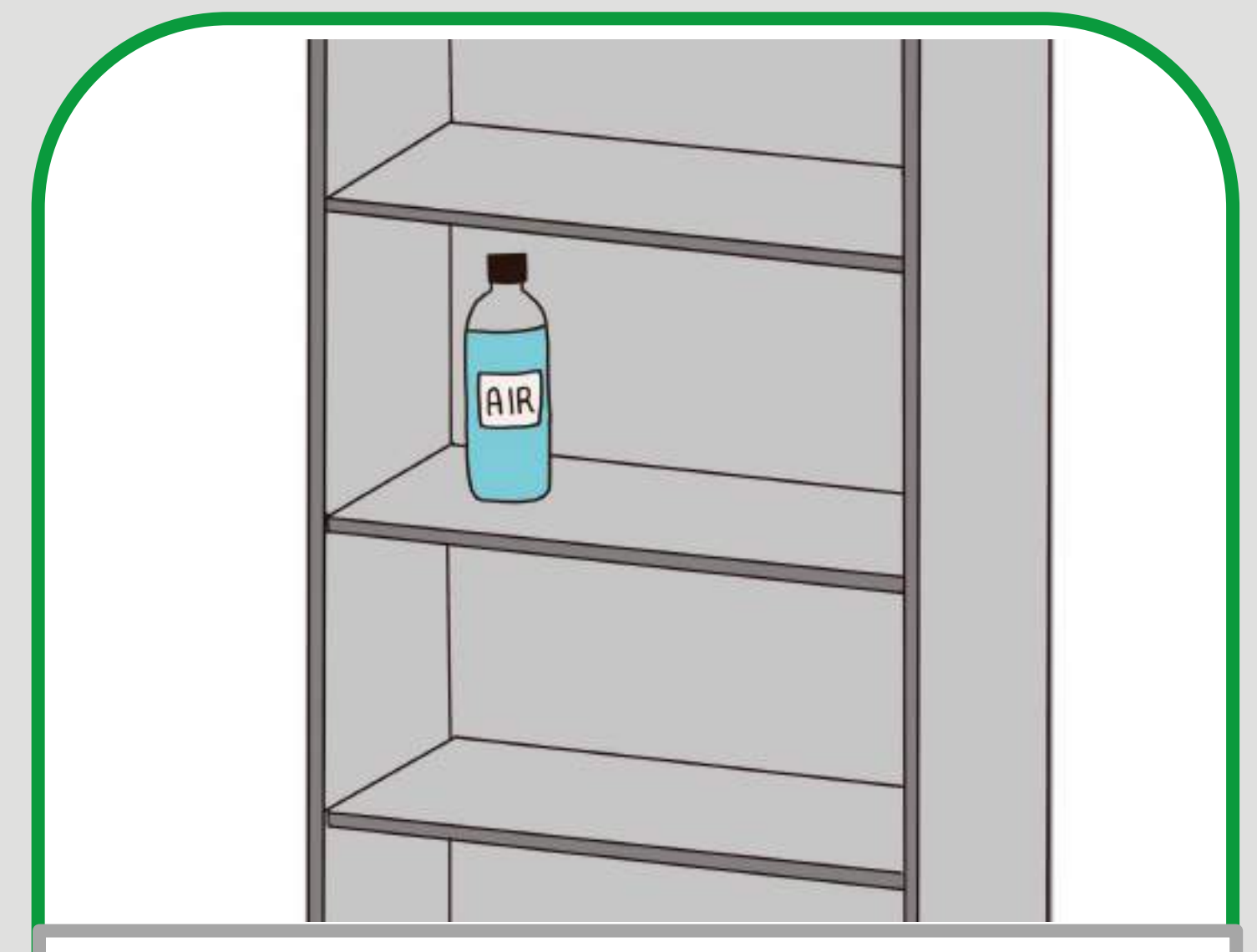
Checklist: Are the Heights/ Stairs **secure**?



- No buckets or other clutter
- Free from liquids
- No damaged steps/stairs
- No danger from fallen objects
- No litter lying around

Clean Habits – a Healthy You !

Eating, Drinking and Personal Hygiene at the Workplace



“The dose makes the poison!”

“I thought, not all chemicals are harmful???”

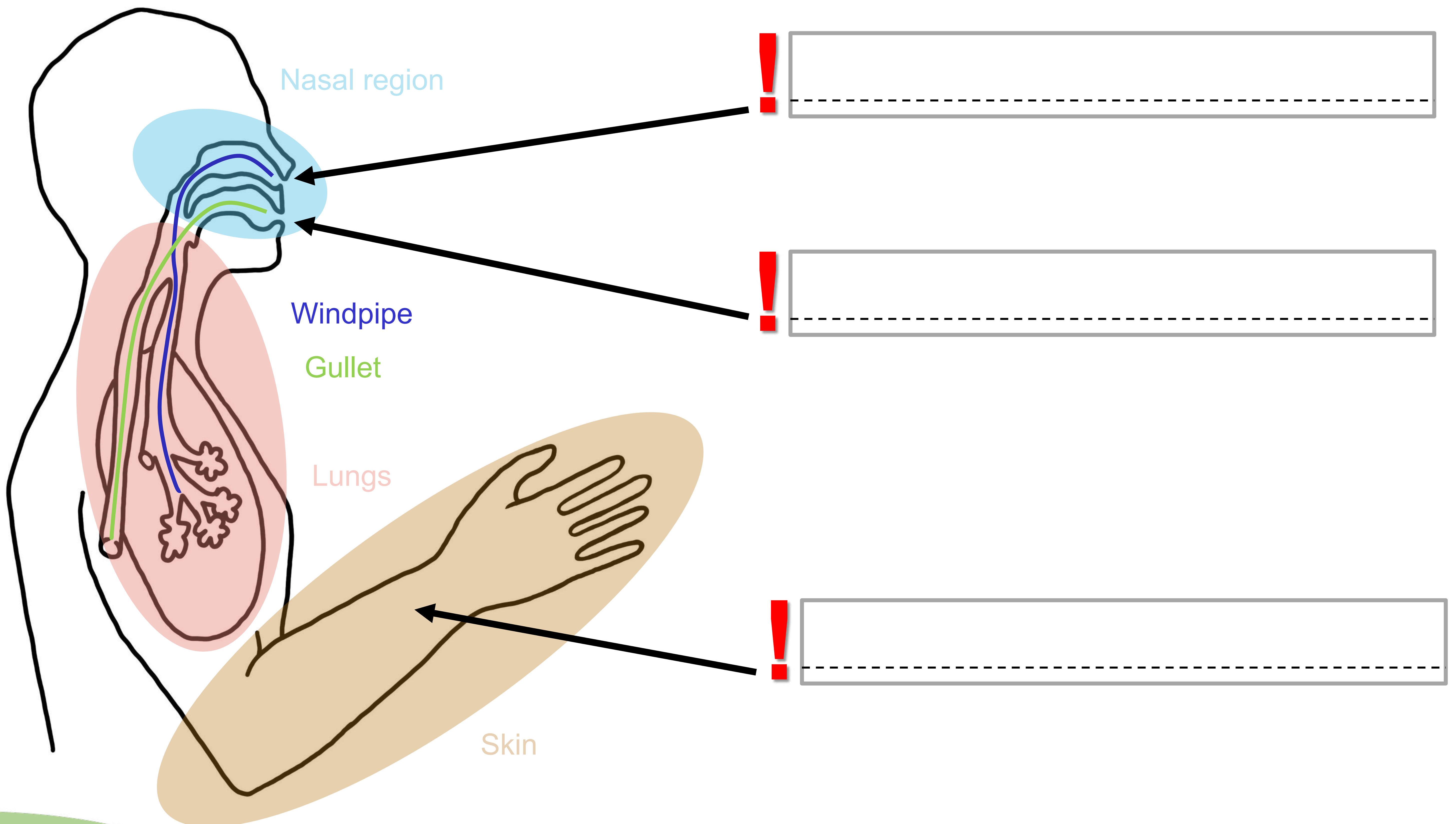


PROTECT YOURSELF !

From Hazardous Chemicals



Routes of Exposure:



PROTECT YOURSELF !

From Hazardous Chemicals



Health Hazard



Compressed Gas



Oxidizing



Flammable



Corrosive



Environmental Hazard



Harmful



Explosive



Toxic

Routes of Exposure:

